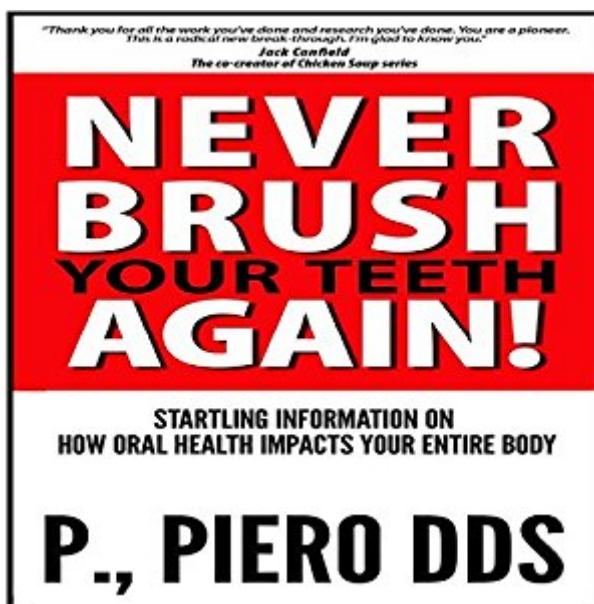


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# Never Brush Your Teeth Again!: Startling Information On How Oral Health Impacts Your Entire Body



## Synopsis

This is not an audiobook with happy drawings of smiling teeth holding hands with a toothbrush. To be perfectly frank, the toothbrush and teeth are not good companions. Toothbrushes damage tooth enamel and score the root base of teeth through over-abrasion. On top of that, they do a poor job of removing the biofilm, bacteria, viruses, and worm-like creatures living in, on, and around your teeth. With only a 30 percent efficacy rate, the toothbrush should have been fired from its job long ago. Within these pages you are going to learn about the scary things in your mouth that could literally kill you-a biosystem of bacteria, yeast, and viruses so aggressive it can reproduce by the billions within a few hours of traditional brushing. These unwelcome parasites cause periodontal disease and contribute to many deadly health problems, such as diabetes, heart disease, COPD, arthritis, and many cancers.

## Book Information

Audible Audio Edition

Listening Length: 1 hour and 18 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: P., Piero

Audible.com Release Date: December 22, 2014

Language: English

ASIN: B00RBWXXXG

Best Sellers Rank: #46 in Books > Medical Books > Dentistry > Periodontics #794 in Books > Audible Audiobooks > Science > Medicine #5982 in Books > Medical Books > Medicine > Internal Medicine > Pathology

## Customer Reviews

I have had multiple people, including a dentist, tell me in the past several years that toothbrushes were evil. This sounded absurd to me after having the idea that I have to brush twice a day ingrained since birth. However, Dr. P Piero does a wonderful job of explaining his research and rationale in his "Never Brush Your Teeth Again!". An oral health guide that could be life-changing to say the least, Piero takes a look at the persistent bacteria that remain even after brushing, what harm they can cause to your mouth and health in general, and what can be done about it. An eye-opening read to say the least that has changed the way that I look at oral hygiene.

Ã¢ÂœNever Brush Your Teeth Again!Ã¢Â• This is a title that will catch your attention, especially if you have as many tooth problems as I do. Add in the fact that this was written by a Dentist, P. Piero DDS Ã¢Â“ and it caught my money as well.IÃ¢Â™ve known for a while that oral hygiene affects many things in your body, but I was unaware just how much! As a gateway to the body your teeth and gums matter. This book details a myriad of ways the bacteria in your mouth play with your health, from Heart Disease to Cancer and everything in between Ã¢Â“ and what to do about it. The biofilm that coats our entire mouth is the main culprit of these risks, and is the prime target we should be aiming to eliminate. Dr. Piero proposes a radical, and brilliant new method to eliminate this dangerous element, Dental Air Force.A mixture of air, water and dental cleaner all stored in a convenient and affordable machine the size of a toaster, this machine delivers powerful cleaning anytime of the day. Better than brushing and more effective than flossing Ã¢Â“ this is the wave of the future, one that just may keep you out of the DentistÃ¢Â™s chair, except for those routine cleanings.

Infomercial trying to sell something. Trying to scare you into buying a dental home system. Sorry , not spending \$599.

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